



Lunatic Devine Ghost Hunting
We believe you

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Do you think you are being haunted? How do you know if your house is haunted? Here is a short gathering of information that can help you. IF you feel you are being haunted and need help please by all means call us. We are here to help you out.

Signs that you are being haunted.

First you have to understand that not all hauntings are the same. They can vary from house to house or person to person. You can not assume that because one person is experiencing something that someone else is. Each haunting is different and unique.

Here's a partial list of phenomena that might indicate that your house is haunted:

- **Unexplained noises** - Footsteps; knocks, banging, rapping; scratching sounds; sounds of something being dropped. Sometimes these noises can be subtle; other times they can be quite loud.
- **Doors, cabinets, and cupboards opening and closing** - Most often, these phenomena are not seen directly. Residents of the house may hear doors opening and closing (homeowners know quite well the distinctive sounds their houses make) or may return to a room to find a door open or closed when they are certain that it was left in the opposite position. Sometimes furniture, like kitchen chairs, may seem to have been moved. Very rarely will residents of a haunted house actually witness the phenomenon as it takes place.
- **Lights turning off and on** - Likewise, these events are seldom experienced as they occur. Rather, the lights are switched on or off when the house's resident knows they were not left that way. This can also happen with TVs, radios and other electrically powered items.
- **Items disappearing and reappearing** - This is known as the Disappearing Object Phenomenon (DOP) "the Doppler Effect" (DOP = Disappearing Object Phenomenon) or "the borrowers" phenomenon, and it's the familiar experience of not being able to find a regularly used item—say, your set of car keys—which you believe you placed in a spot you routinely place them. But they're gone and you look high and low for them with no success. Some time later, the keys are found—in exactly the place you normally put them. It's as if the object was borrowed by someone or something for a short time, then returned. Sometimes they are not returned for days or even weeks, but when they are, it's in an obvious place that should not have been missed by even a casual search.
- **Unexplained shadows** - The sighting of fleeting shapes and shadows, usually seen out of the corner of the eye. This phenomenon has also been discussed in some detail in "Shadow People." Many times, the shadows have vaguely human forms, while other times they are less distinguishable or smaller.
- **Strange animal behavior** - A dog, cat or other pet behaves strangely. Dogs may bark at something unseen, cower without apparent reason or refuse to enter a room they normally do. Cats may seem to be "watching"

something cross a room. Animals have sharper senses than humans, and many researchers think their psychic abilities might be more finely tuned also. (See "[Animals and Ghosts](#)")

- **Feelings of being watched** - This is not an uncommon feeling and can be attributed to many things, but it could have a paranormal source if the feeling consistently occurs in a particular part of the house at a particular time.

These are some of the most common experiences of those who think their houses are haunted. Yet even stranger things can happen...

STRONG EVIDENCE OF A HAUNTING

The following phenomena are more rare, but could be stronger evidence of a haunting:

- **Mild psychokinetic phenomena** - Hearing a door open or close is one thing. Actually seeing it happen is quite another. Similarly, actually seeing a light go on or off by itself is greater proof that something unexplained is happening. Do you see the TV or radio turn on? Perhaps you're present when a child's powered toy begins to operate on its own. Doors and windows are locked or unlocked. Some people report that when they are in bed they can feel and/or hear something sitting on the bed.
- **Feelings of being touched** - Feeling an unexplained touch is truly unsettling. Some people may feel something brush past them, a light brush of their hair, or a "hand" on the shoulder. Some feel a gentle poke, push or nudge.
- **Cries and whispers** - On occasion, muffled voices, whispering and crying can be heard. Sometimes it's music from some unknown source. People hear their names being said. This phenomenon, as is true for the one above, gains more credibility if more than one person hears or sees the same thing at the same time.
- **Cold or hot spots** - Cold spots are classic haunting symptoms; any instance of a noticeable variance in temperature without a discernible cause could be evidence.
- **Unexplained smells** - The distinct fragrance of a perfume or cologne that you do not have in your house can indicate a supernatural presence. This phenomenon may come and go without any apparent cause, and may accompany other phenomena, such as shadows, voices or psychokinetic phenomena. The odor may be pleasant or foul.

EXTREME OR POLTERGEIST PHENOMENA

Rarer still are more extreme phenomena, some of which have been called poltergeist phenomena, and can be quite strong evidence of a true haunting.

- **Moving or levitating objects (severe psychokinetic phenomena)** - Dinner plates sliding across the table; pictures flying off walls; doors slamming shut with great force; furniture sliding across the floor.
- **Physical assault** - Scratches, slaps, and hard shoves. This kind of personal assault is extremely rare, but obviously highly disturbing.
- **Other physical evidence** - Unexplained writing on paper or walls; handprints and footprints.
- **Apparitions** - Physical manifestation of a spirit or entity. These phenomena are also very rare and can take many forms: human-shaped mists or forming mists of some indistinguishable shape; transparent human forms that disappear quickly; and most rarely, human forms that look as real and solid as any living person, but that disappear into a room or even while being viewed.

Considering all of the above, if you suspect your house is indeed haunted then do not hesitate to call us.

How to Verify Signs of a Haunting

1

Listen for sounds. Phantom sounds can take the form of voices, music or repetitive noises that occur at regular intervals. The characteristic sound of footsteps in the night, laughing, crying or music that occur at regular intervals are attributed to a residual haunting. Intelligent or inhuman spirits may create sounds to get your attention or to communicate with you in some way. You may experience the sounds of knocking, tapping or scratching in the wall or loud crashes and bangs with no identifiable cause. Each is characteristic of specific types of hauntings.

2

Feel the temperature. Cold spots with no physical reason often accompany hauntings. The theory is that spirits need energy to manifest and draw energy from the surroundings, resulting in an area colder than the surrounding air by as much as 20 to 40 degrees. The cold spot seldom remains in one area for a prolonged period and may precede a manifestation or other paranormal activity

3

Consider how you feel. Unusual physical sensations may signal paranormal activity. Dizziness, light headedness, a feeling of oppression or pressure on the chest, or nausea may suddenly become overwhelming when a spirit is present. Other physical sensations include the feeling of being touched, the feeling of being watched, hair standing on end or extreme apprehension.

- Unusual or unexplained physical and/or emotional feelings: experience being touched by something that cannot be seen, either lightly or with more aggression. In addition, clients frequently report the sensation of being watched by something unseen and the latter assertion is not in conjunction with any form of paranoia.

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- **Listen for knocking.** Rapping and banging: unexplained banging, rapping, and strange sounds are commonly reported by individuals experiencing paranormal phenomena. Rapping and banging are also commonly reported on sites experiencing poltergeist activity.

• 5

- **Check the animals.** Animals behaving strangely: people are not seemingly alone when it comes to experiencing the paranormal; many animals living in haunted locations or locations where activity occurs also experience paranormal activity.

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- **Notice any disturbances.** Sudden unexplainable activity after recent remodeling of the location: A large number of the sites investigated by paranormal investigators in the field have been remodeled prior to the commencement of strange, unexplained activity. Some theories suggest that remodeling and paranormal activity is inextricably linked, and one theory suggests that any spirits/entities attached to a location are displeased with the changes that remodeling produces so they act out accordingly. Meanwhile, other theories suggest that remodeling creates noise disturbances, and therefore is simultaneously creating vibrational disturbances as well.

• 7

- **Consider any illness signs.** Physical illness with no medical relief or reason: In some cases, individuals will report having the sudden onset of rare illnesses, or un-diagnosable ailments after moving into a location that is paranormally active. Lesser signs of illness are also reported and include sleep disturbances, fatigue, and general malaise with little or no relief while in the location in question. When the individual is free of the location however, the latter symptoms either fade or disappear all together.

Keep a journal of what you are feeling and seeing and hearing. Please do not hesitate to call us to help you if you feel you are being haunted. We would rather come out and find that what you are experience is able to explained. We believe that you feel that there is something going on. We strive to help our clients find out what it is they are experiencing.